



NEWS from the PEWS

PASTOR'S CORNER

“.....I am come that they might
Have life, and that they might
Have it more abundantly:

John 10:10 (KJV)

I heal---thanks to Pastor Dale Baker for a very informative Health Symposium, held on April 12-14, 2019. Much information presented on what is hypertension and diabetes and how to control and reduce the negative effect of these diseases on our bodies through the use of food. Little changes in our diet and life style can help us live better and healthier lives. All who attended were blessed and left feeling empowered with new information to a healthier life.



Genny-Lee &
Julian

GOOD BYE

It is with sadness that we bid farewell to Genny-Lee and Julian. We thank Genny-Lee for her dedicated contribution to the music team since she has arrived in Sudbury and became part of our church family approximately 6 years ago. We will miss her and her musical talent.

God bless you Genny-Lee and Julian wherever you go and may you continue to let God lead in every aspect of your life.

Shalom our friend!

FUND RAISING

We continue to fund-raise for 2 projects here in our church:-

- 1) NEW BUILDING--\$85,125.48
- 2) EVANGELISM---\$29,224.68

As of MARCH 31, 2019.



BIRTH DAY WISHES

HAPPY BIRTHDAY goes out to all the **PRINCESSES** and **PRINCES** who are celebrating their birthday in **APRIL.....**

May the blessings God freely gives bring you a day and a year filled with joy, peace and happiness!!

PINEAPPLE MINT JUICE/SMOOTHIE

½ fresh pineapples
 Handful of fresh mint leaves
 1 lemon, juiced
 1 cup of ice
 1 tablespoon agave (optional)
 Blend together in blender for 3-5 minutes until smooth. Enjoy as a smoothie or wait 1 hour and enjoy as fresh juice.

*Sudbury Sda Church,
 835 Churchill Ave,
 Sudbury, Ontario
 P3A 4A2.*

705-566-6150

